

# Breastfeeding: Life and Science



## WORKSHOP – Individualised Developmental Patient and Family Integrated Care in the NICU and Beyond

**Date:** 24 March 2015

**Venue:** Pullman and Mercure Albert Park  
65 Queens Rd, Melbourne

### PLACES STRICTLY LIMITED

#### Presenter: Nikk Conneman, MD

Nikk Conneman is on staff as a pediatrician-neonatologist at Erasmusmc-Sophia Children's Hospital in Rotterdam, in the Netherlands. He has both clinical and outpatient responsibilities. His main objective is to further change the caregiving model from a systems driven, to an individualised family and patient centred developmental care model. He is also a senior NIDCAP Trainer and Director of the Sophia NIDCAP Training Centre. He has NIDCAP trained NICU professionals and guided NICUs all over the world towards a more family and patient centred developmental care approach.

### REGISTRATION

Register online at: [www.breastfeedingconferences.com.au](http://www.breastfeedingconferences.com.au)

#### Workshop –

ABA Member Earlybird (closes 20 Jan) 2015	\$195
After 20 Jan	\$235
Standard Fee Earlybird (Closes 20 Jan)	\$235
After 20 Jan	\$265

	Speaker	Subject
09.00-10.00	Nikk Conneman	The developing sensory system and the brain.
10.00-10.30		Break
10.30-12.00		individualizing care for the prematurely born infant and his family: The Synactive Theory of development, NIDCAP and some science behind it. Video observations by the participants
12.00-13.00		Lunch
13.00-15.00		Patient and Family Integrated Individualized Developmental Care: Implementation process, System changes, Caesarian Section in a Family integrated style
15.00-15.15		Break
15.15-16.45		Skin to skin care: what every parent wants to know? What all caregivers should know. Video presentations and discussion

### The Newborn Individualized Developmental Care and Assessment Program

Advances in perinatal and newborn intensive care have greatly decreased the mortality rates for preterm newborns and newborns otherwise at high risk for developmental compromise. The challenge confronting healthcare professionals, who care for these infants and their families, is not only to assure the infants' survival, but to optimize their developmental course and outcome.

Effective developmental care implementation on a nursery-wide basis is the goal of all training and consultation provided in the NIDCAP framework. A key focus of the NIDCAP program is the educational and consultative support and assistance to NICU and special care nursery settings towards effective delivery of intensive and special care in a neurodevelopmentally supportive, individualized, and family-centered framework.

Based on extensive experience, moving towards successful delivery of newborn intensive care in a developmental framework is typically a multi-year process. It involves a dedicated team working towards the common goal of providing the best in developmental care for the infants in their units and for their families.

Training is currently available from nineteen NIDCAP training centers, nine in the United States, nine in Europe, and one in South America.

*“Change is never easy. In the fast paced world of the complex medical, technological, multifaceted environment of the NICU, the process of change presents many challenges. Providing relationship based developmentally supportive care in the NICU is, of necessity, an evolving process.”*

**Rodd Hedlund, MEd**